

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	07	2016	To	31	03	2017

**Reference and administration details**

<b>Charity name</b>	Four Pillars
<b>Other names charity is known by</b>	
<b>Registered charity number</b>	SC046667
<b>Charity's principal address</b>	2 Exchange Street Aberdeen
	Postcode AB11 6PH

**Names of the charity trustees on date of approval of Trustees' Annual Report**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Deejay Bullock	Chair		Board
2	Craig Cunningham	Secretary		Board
3	Liam Jones	Treasurer	18/12/2016 - present	Board
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Bryan Sinclair	01/07/2016 – 23/02/2017
Leigh Garton-Lucas	18/12/2017 – 13/05/2017

## Structure, governance and management

**Type of governing document**

The charity is governed by a Trust Deed.

**Trustee recruitment and appointment**

The Trustees shall be entitled, by way of a resolution passed by majority vote at a meeting of the Trustees, to appoint any individual as a Trustee. The number of Trustees shall not be less than 3 nor more than 7.

## Objectives and activities

**Charitable purposes**

The purpose of the charity is that of Sexual Health promotion and education throughout the Grampian region and all that this encompasses in respect of Mental, Emotional and Physical health.

**Summary of the main activities in relation to these objects**

We set up stalls providing free Sexual Health information, condoms and lube at targeted sites during national awareness campaigns including Mental health awareness week. Our main focus was sited at Colleges and Universities to help educate students.

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### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

From the outset, the charity has set out to build relationships with various individuals and organisations, in order to raise our profile in the community. Particular groups and individuals who we established relationships with include:-

- North East Lesbian, Gay, Bisexual and Transgender LGBT+ Community Development Group.
- Aberdeen Cyrenians.
- Grampian Regional Equality Council (GREC).
- Kirsty Blackman, MP.
- Kevin Stuart, MSP.
- Orr Vinegold, Councillor.
- S & G Aberdeen Ltd.
- Aberdeen City Council.

It is through these relationships that we are able to offer peer support, group working, education, one-to-one support, events and communication to the general public.

Receiving the Grant from the Heritage Lottery Fund, was a great achievement. It allowed us to provide many of the activities in February, including the weeks exhibition, which we consider one of biggest achievements to date.

Being a newly registered Charity in our first year, we have created many new policies and procedures, which we have implemented throughout the organisation successfully.

During our first year, our main achievement was that we created and brought together a group of individuals who have helped to increase awareness of LGBT issues and our work which is invaluable.

### Financial review

#### Brief statement of the charity's policy on reserves

There are little reserves required for the day to day running of the organisation as there are very little fixed costs incurred. Where the charity does not have any surplus to host events, these events are simply not held until further funding is available.

The policy is to hold a minimum of £156 of reserves which represents 3 months of fixed costs. The charity met reserves during the period ended 31 March 2017.

#### Details of any deficit

During the period ended 31 March 2017, a surplus was recorded.

#### Donated facilities and services (if any)

There were no facilities or services donated during the period.

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### Other optional information

(...continued from Page 2)

During the year we created a website which is loaded with information and direction for people encompassing all lifestyles and persuasions to help reach the wider audience. This is updated on a regular basis.

-**World Aids Day:** We held a candle-lit vigil at Queens Cross Church which was followed by the film "A Normal Heart" to show respect to those that have lost their lives to AIDS. After which we went to Cheerz to host a Red Party, in celebration of changes of the last 30 years and those that are still fighting HIV and raise awareness to others.

-**Transgender Day of Visibility:** We held a candle-lit vigil in Queens Cross Church and had 2 speakers from the trans community share their stories.

-**HIV Testing Week.** We attended various educational and community settings to hand out safer sex packs and red ribbons. We also gave out quick access cards to the local GUM Clinic which enables students to get tested for BBVs & STIs whilst avoiding the queues.

- A **Halloween** Event for awareness of blood Born Viruses.

- **National Coming out Day:** We also hosted a Social Media Blackout event to help highlight the isolation people feel when coming out as Gay, Lesbian, Bisexual or Transgender.

Early in the year we decided to approach the National Lottery Heritage Fund for a grant to run events in and around Aberdeen City throughout the month of February 2017 to help highlight the heritage and history of the LGBT+ community within Scotland. With this Grant we were able to show the lives of several individuals including; Dr James Barry, who was born female but lived her adult life as a male in order to fulfil her dream of being a doctor. Major General Sir Hector McDonald, who served his whole life in the army, before committing suicide when he was accused of fraternising with another male. And the Two Roberts who met in Art School and fell in love, made it big in the capital despite their, then illegal, relationship. They both lived a very active social life and died of alcohol related illnesses separately. These 4, and many others we were able to share, had a local connection to Scotland and made huge impacts in their communities and further afield. We made displays portraying each individual and took that around Grampian before holding a gallery in Aberdeen Art Centre at the end of February.

### Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Deejay Bullock	Liam Jones
<b>Position (e.g. Chair)</b>	Chair	Treasurer
<b>Date</b>	30/11/2017	30/11/2017

**Receipts and payments accounts**

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	07	2016		31	03	2017

**Section A Statement of receipts and payments**

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations	223				223	
Legacies					-	
Grants		4,000			4,000	
Receipts from fundraising activities	821				821	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	<b>1,044</b>	<b>4,000</b>	<b>-</b>	<b>-</b>	<b>5,044</b>	<b>-</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1,044</b>	<b>4,000</b>	<b>-</b>	<b>-</b>	<b>5,044</b>	<b>-</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	341				341	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	548	1,476			2,024	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>889</b>	<b>1,476</b>	<b>-</b>	<b>-</b>	<b>2,365</b>	<b>-</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets	-				-	
Purchase of investments	-				-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>889</b>	<b>1,476</b>	<b>-</b>	<b>-</b>	<b>2,365</b>	<b>-</b>
<b>Net receipts / (payments)</b>	<b>155</b>	<b>2,524</b>	<b>-</b>	<b>-</b>	<b>2,679</b>	<b>-</b>
<b>A5 Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>155</b>	<b>2,524</b>	<b>-</b>	<b>-</b>	<b>2,679</b>	<b>-</b>



**Section C Notes to the Accounts**

**C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)**

Unrestricted funds represent funds which can be used for any event or expense that the Trustees see fit. The charity also has restricted funds which is the amount of £4,000 received from the Heritage Lottery Fund. The £4,000 received from the Heritage Lottery Fund (HLF) was restricted for the exhibition held during LGBT+ History Month of February 2017.

	Type of activity or project supported	Individual / institution	Number of grants made	£
<b>C2 Grants</b>	LGBT+ History Month Project	Heritage Lottery Fund (HLF)	1	4,000
			<b>Total</b>	<b>4,000</b>

<b>C3a Trustee remuneration</b>	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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	Authority under which paid	£
<b>C3b Trustee remuneration - details</b>		

<b>C4a Trustee expenses</b>	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
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		Number of trustees	£
<b>C4b Trustee expenses - details</b>	Travel expenses to events and meetings	1	135

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
<b>C5 Transactions with trustees and connected persons</b>				

<b>C6 Other information</b>	
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**Additional analysis (1)****Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Collection Tins	63				63	
Online donations	160				160	
					-	
					-	
<b>Total</b>	<b>223</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>223</b>	<b>-</b>
	-	-	-	-	-	-

**2 Grants**

	Unrestricted funds to nearest £	Restricted funds to nearest £			Total current period to nearest £	Total last period to nearest £
Heritage Lottery Fund		4,000			4,000	
					-	
					-	
					-	
<b>Total</b>	<b>-</b>	<b>4,000</b>			<b>4,000</b>	<b>-</b>
	-	-			-	-

**3 Gross receipts from other charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
	-	-	-	-	-	-

**4 Payments relating directly to charitable activities**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
OFFICE EQUIPMENT & FURNITURE	154				154	
HERITAGE LOTTERY FUND PROJECT		1,476			1,476	
POSTAGE	4				4	
PROMOTIONAL MATERIALS	41				41	
SERVICES	40				40	
TRAVEL & SUBSISTENCE	135				135	
STATIONERY	37				37	
SUBSCRIPTIONS	14				14	
VOLUNTEER EXPS	45				45	
ACCOUNTANCY FEES	78				78	
					-	
<b>Total</b>	<b>548</b>	<b>1,476</b>	<b>-</b>	<b>-</b>	<b>2,024</b>	<b>-</b>
	-	-	-	-	-	-



**Additional analysis (2)****5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
	Unrestricted Fund					
<b>Receipts</b>						
Donations	223				223	
Legacies					-	
Grants					-	
Receipts from fundraising activities	821				821	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>1,044</b>	-	-	-	<b>1,044</b>	-
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	-	-	-	<b>-</b>	-
<b>Total receipts</b>	<b>1,044</b>	-	-	-	<b>1,044</b>	-
<b>Payments</b>						
Expenses for fundraising activities	341				341	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	548				548	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
<b>Sub total</b>	<b>889</b>	-	-	-	<b>889</b>	-
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	-	-	-	<b>-</b>	-
<b>Total payments</b>	<b>889</b>	-	-	-	<b>889</b>	-
<b>Net receipts / (payments)</b>	<b>155</b>	-	-	-	<b>155</b>	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>	<b>155</b>	-	-	-	<b>155</b>	-
<b>Nature and purpose of funds</b>						
Unrestricted Funds are available for use where the Trustees see fit.						

**Additional analysis (3)****6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below		
	Heritage Lottery Fund				Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants	4,000				4,000	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>4,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,000</b>	<b>-</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>4,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,000</b>	<b>-</b>
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	1,476				1,476	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>	<b>1,476</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,476</b>	<b>-</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,476</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,476</b>	<b>-</b>
<b>Net receipts / (payments)</b>	<b>2,524</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,524</b>	<b>-</b>
<b>Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>2,524</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,524</b>	<b>-</b>

**Nature and purpose of funds**

The purpose of the Heritage Lottery Fund was to fund an exhibition in February 2017 studying the "Four Pillars of Health" and relate them to four Scottish historical figures who suffered difficulties in their life in the forms of Mental, Emotional, Physical and Sexual Health.